

The Ivers Practice News Bulletin

Spring 2026

Iver Medical Centre

High Street, Iver, Buckinghamshire
SL0 9NU

Telephone: 01753 653008 - Monday to
Friday 08.00 - 18.30 hours

Out of Hours: 111

Opening Times:

Monday - Friday

AM – 08:00 – 12:30 hours

PM – 13:30 – 18:30 hours

If collecting anything from the surgery
after 17:00 hours, use buzzer/intercom at
the front door.

Closed at Weekends & Bank Holidays

Appointments & admin enquiries can
be made using Online consultations –
send an eConsult request.

By using online consultations, we can
triage your problem and make sure you
only need to visit the practice or another
service if it's absolutely necessary. An
online consultation can help you to get the
care you need at the earliest opportunity.

Trewarden Avenue Health Centre

Trewarden Avenue

Iver Heath, Buckinghamshire SL0 0SB

Telephone: 01753 653008 - Monday to
Friday 08.00 - 18.30 hours

Out of Hours: 111

Opening Times:

Monday - Friday

AM – 08:30 – 12:30 hours

PM – 13:30 – 16:30 hours (closing times
and days may vary depending on capacity
and demand).

Closed at Weekends & Bank Holidays

Appointments & admin enquiries can
be made using Online consultations –
send an eConsult request.

By using online consultations, we can
triage your problem and make sure you
only need to visit the practice or another
service if it's absolutely necessary. An
online consultation can help you to get the
care you need at the earliest opportunity.

Practice Statistics: December 2025 – End of February 2026

Number of face-to-face appointments	4528
Number of telephone consultations	1626
Number of medical eConsult requests processed	5235
Number of administrative eConsult requests processed	1439
Number of missed appointments	182

Reminder - Car Parking at the Surgeries

When visiting either of our surgeries by car please remember to enter your car registration number into the keypad next to the reception desk. This will avoid you receiving a parking fine.

Missed Appointments

Missing an appointment is not extra time for a clinician but a lost appointment for another patient. **On average, each missed GP appointment costs our NHS £30.** This means that **£5460 has been lost over the last quarter because of missed appointments at our Practice alone.**

We urge you, if you are unable to attend your appointment you should:

- Use online access to your medical record for cancelling appointments.
- If you cannot access your NHS Account, you can contact reception to cancel your appointment.
- Please contact reception well in advance if you need to reschedule your appointment.

The Ivers Practice Has a WhatsApp Channel

Simply scan the QR code below and you will be there.



We are keen to increase our followers. So, keep up to date and informed about what is happening at the Ivers Practice by joining.

Word from the GP's

Save Time – Use Self-Referral & Pharmacy First

Are you aware that a number of health services can be accessed without needing a GP appointment first?

Through the Self-Referral section on our surgery website, you can contact several services directly. This helps you get the support you need faster

You can self-refer for services such as:

Physiotherapy / MSK (muscle and joint problems), Talking therapies for anxiety and depression, Maternity services (pregnancy self-referral), Hearing assessments (age 55+), Sexual health services, Stop smoking and lifestyle support, Drug and alcohol support services

Pharmacy First

Local pharmacies can also help treat several common conditions without needing to see a GP. A pharmacist can assess and provide treatment or advice for issues such as:

Sore throat, Earache, Sinusitis, Infected insect bites, Impetigo, Shingles, Uncomplicated urinary tract infections (UTIs) in women

Simply visit your local pharmacy for advice and treatment.

Visit the Self-Referral section on our website to access the services available. Using self-referral and Pharmacy First helps you get care faster and keeps GP appointments available for those who need them most.

Planning to Travel Aboard?

If you are planning to travel outside the UK, you may need to be vaccinated against some of the serious diseases found in other parts of the world.

Vaccinations are available free to protect you against infections such as polio (given as a combined diphtheria/tetanus/polio jab), typhoid, hepatitis A, cholera. In the UK, the NHS routine immunisation (vaccination) schedule protects you against a number of diseases, but does not cover all the infectious diseases found overseas. You can find out which vaccinations are necessary or recommended for the areas you will be visiting on the Travel Health Pro website [NaTHNaC - Country List](#).

When should I start thinking about the vaccines I need?

Visit a pharmacist offering travel healthcare services, one of our surgeries or private travel clinics at least 6 to 8 weeks before you are due to travel. Some vaccines need to be given well in advance to allow your body to develop immunity and may involve several doses spread over several weeks or months.

Get a Free Global Health Insurance Card

Apply for a free Global Health Insurance Card (GHIC) for EU/Switzerland coverage at [Applying for healthcare cover abroad \(GHIC and EHIC\) - NHS](#), but note it does not cover all costs or repatriation.

Get Travel insurance

Travel insurance can give you extra protection if your holiday does not go as planned such as medical emergencies or personal injury and cover for accidents. So, you should make sure you have cover if you are planning a trip away. Further advice can be found at [Getting travel insurance - Citizens Advice](#)